

# CAROLYN KELLEHER, MA

Licensed Marriage Family Therapist (MFC34156)

546 Hartnell St., Suite C 2

Monterey, CA 93940

(831) 915-8856

carolyn@carolynkelleher.com

## RESUME

### QUALIFICATIONS

- Licensed Marriage Family Therapist with over 18 years experience providing therapy to individuals, families and children
- Over 18 years experience as a school counselor working with students from elementary to college-age
- Specialty areas include:
  - Families that are restructuring through the process of divorce
  - Adoptive families, including children ages 6 and up
  - Children with learning disabilities and their families
  - Domestic violence
  - EMDR with PTSD/Trauma/Anxiety (Therapist has EMDR Level 1 and 2 Training)
- Provide trainings for faculty and public; topics include the social, emotional and developmental issues for children with learning disabilities, families going through adoption, or those dealing with divorce.

### EMPLOYMENT HISTORY

#### **Private Practice, Monterey, CA (1997 to present)**

- In private practice, provides therapy to individuals, couples, children and families; including clients dealing with learning disabilities, divorce, adoption, and trauma
- Provides talks for community groups regarding parenting , including parenting in divorce - *“What About the Children?”*

#### **School Counselor, Chartwell School, Seaside, CA (2008 to present)**

- As a school counselor, provides symptom-focused, cognitive behavioral therapy and play therapy to students ages 7 - 18 that have learning disabilities and coexisting emotional problems
- As needed, provides crisis intervention
- Facilitates social skills training classes and helps clients navigating the complexities of relationships.
- Provides family therapy to assist parents in understanding their child’s learning style and learn new more effective parenting techniques
- Collaborate with school staff and speech therapists about how disabilities may affect students' behavior

#### **Lead Clinician, Kinship Center Wraparound Program, Salinas, CA (2007 to 2009)**

- Led intensive family crisis-interventions with adoptive families whose adoptions were at risk of termination due to behavioral or emotional problems of the adoptive child
- Led multidisciplinary treatment team , coordinated treatment with therapists, physicians, and schools

#### **Counselor, California State University Monterey Bay Counseling Center, Seaside, CA (2005 to 2006)**

- Provided individual therapy college students with wide range of presenting issues, including learning disabilities, alcohol abuse, depression, anxiety, suicidal ideation, adjustment to college life

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## **Group Leader, Parents Adopting Kids Kamp, Pebble Beach, CA (2000 to present)**

- Group leader at an annual Parents Adopting Kids Kamp, a weekend intensive summer camp designed to help adoptive families, working with children ages 6-12 years old.
- In psycho-educational group, taught adoption education, stress management, and handling intrusive adoption questions

## **School Counselor, Prunedale Elementary School, Prunedale CA (1997 to 2006)**

- Provided individual and family therapy to students grades K - 5 at this bilingual/bicultural school
- Presenting issues include physical and sexual abuse, divorce, learning disabilities, anxiety and depression
- Participated in Student Success Team (SST) meetings to coordinate development of behavioral treatment planning with school staff and parents.

## **EDUCATION**

- MA Psychology, Chapman University, Monterey, CA, 1992
- BA Social Science, San Jose State University, San Jose, CA 1990

## **AFFILIATIONS**

- Clinical Member, California Assn. of Marriage and Family Therapists
- Clinical Member, Monterey Chapter, California Assn of Marriage and Family Therapists

## **CONTINUING EDUCATION HIGHLIGHTS**

- *"EMDR: Level 1 and Level 2."* Alliant University, San Francisco, CA, June/July 2015.
- *"Domestic Violence Update: Differentiation and Parenting Plans"* Psycho-Legal Associates, Jan.. 2014
- *"Child Custody Update: Emerging Issues"* Monterey County Bar Assn., Monterey, CA, October 2013
- *"ACT: An Adoption and Permanency Curriculum for Child Welfare Workers and Mental Health Professionals"* Kinship Center, Salinas, CA, October, 2009